

ACCEPTING THE *Spectrum*

November 2025 Newsletter

By: Grace Majewski, RBT



COLLABORATIVE
ABA SERVICES, LLC

Happy November! This month, we're reflecting on gratitude and saying "thanks." This season reminds us the importance of consistency, compassion, and celebrating every small success. This means we must acknowledge our wonderful clients, their families, and the staff who make meaningful progress possible every single day. In the spirit of Thanksgiving, we asked our staff what they are most thankful for.

NOTES OF GRATITUDE FROM COLLABORATIVE STAFF

"I am thankful for my clients and students."

-Madison, RBT

"I am thankful to be working at Collaborative ABA Services."

-Steven, BCBA

"I am grateful for small milestones and seeing the progress our clients continue to make."

-Grace, Lead BT

"I am thankful for my family and friends."

-Shevone, Executive Operations Manager

"I am thankful to be working with an interdisciplinary team and for so many professional development opportunities."

-Meg, Social Worker

"I am thankful for the supervisors and support at Collab."

-Myla, RBT & Student Analyst

"I am thankful for my clients who trust me, the growth we create together, and for the meaningful work that fills my days with purpose."

-Victoria, Social Worker

I express my heartfelt thanks to the remarkable community that Collaborative ABA has fostered, providing a supportive environment for individuals with diverse backgrounds."

-Shani, RBT & Student Analyst

"I am thankful to work with such a collaborative team."

-Aisha, RBT

"I am grateful for my friends, family, and faith."

-Ikram, Social Work Student

"I am truly grateful for the opportunity to work with such a dynamic and dedicated team. I'm proud to say that we learn from one another and share the same commitment to supporting our families and community partners. Thank you for all you do."

-Alisha, Executive Clinical Director/Founder

"I am grateful for the opportunity to explore my career through ABA."

-Madeleine, Social Work Student

"I am thankful for my family and for the support from the Collaborative team."

-Jade, RBT

"I am thankful for my family, especially for my kids and the ability to continue to help others celebrate small victories in their children's lives. "

-Jenny, BCBA

"I'm thankful for our wonderful families who trust us and work with us every step of the way. Your partnership is what makes success possible!"

-Brianna, BCBA

"I am extremely thankful for the ability to give/receive support and grow with my families and their little turkeys."

-Holly, COTA

"I am grateful for the team that I work with."

-Katie, OT & BT

To all members of the Collaborative family, both staff and clients:

Thank you
and

Happy Thanksgiving

AGENCY NEWS

Please welcome Steven, BCBA!



My name is Steven Harris. I have been in the ABA field for 10 years, two as a BCBA and six as an RBT. I've worked with children and their families in community, school, home and para-organizations over 15 years. Prior to the ABA field, I worked in residential psychiatric and churches with youth and families. I am passionate about seeing people reach their full potential and be as independent as possible. Additionally, I am a father of two amazing kids and have five parakeets as pets. I love hiking and the outdoors and am a big fan of science fiction and history.

Don't forget to check out CollabTalk!

Subscribe to our YouTube channel to see episodes on autism support, ABA guidance, and family-centered strategies. Click the YouTube icon to access our most recent episode.



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Lisa's Coaching Center

Every November brings the same prompt: What are you grateful for? A worthwhile question – and yet, when you're worn thin, it can feel like something you're supposed to answer, not something you genuinely feel. You can name the good things – your child, your home, small wins from the week – and still carry tension in your shoulders and a nervous system on high alert. That's the part no one talks about.

So this year, aim for something different.

What can I savor?

Savoring uses your thoughts and actions to stretch a positive moment so your body actually registers it.

It's a brief pause that lets a good experience sink in long enough for your nervous system to catch it.

That smile from your child.

The quiet before bed.

The unexpected laugh you didn't see coming.

When you stay with a moment like that, even for a few seconds, you help your brain record it. You give your nervous system evidence that safety and connection are part of your life too – alongside the stress, the logistics, and the constant anticipation.

A small pause. A small shift. A real impact.

Happy Thanksgiving.

