



COLLABORATIVE
ABA SERVICES, LLC

HOW CAN OT HELP MY CHILD?

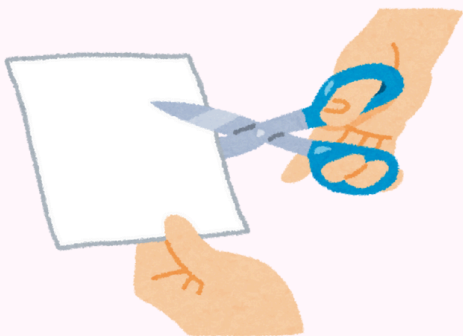


Self-Care

OTs help children become more independent in daily skills like getting dressed, using fork/spoon, zipping a coat, and putting on shoes!

Sensory Challenges

Does your child cry or hate having their hair brushed or teeth cleaned? Is trying new foods a losing battle? OTs can help!



Fine Motor Skills

OTs can help with handwriting, cutting with scissors, and learning to write ABCs

Emotional Regulation

OTs teach children how to understand emotions, use coping tools, and calm their body when upset!



770 Saybrook Road Unit B4 Middletown, CT 06457

Phone: 860-421-4052 Fax: 860-421-4053



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OCCUPATIONAL THERAPY

Activities of Daily Living

- Dressing
- Eating/Feeding
- Toileting
- Grooming

Fine and Gross Motor Skills

- Grasp & Dexterity
- Handwriting
- Balance
- Strength and Coordination

Emotional Regulation

- Problem-Solving
- Self-Regulation
- Coping Skills
- Meltdowns/Tantrums

Sensory Processing

- Picky Eating
- Sensitivities to sound, touch etc.
- Sensory Seeking

<https://www.collaborativeabaservices.com/contact>

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