

April 2023

Accepting the Spectrum

A monthly newsletter sharing information and support for families, caregivers, and friends of children on the Autism Spectrum.

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The month of April is celebrated as Autism Acceptance and Awareness month. On April 2nd we recognized World Autism day in which we raised awareness of Autism and acceptance of individuals on the Autism Spectrum.

Throughout this month, we focus on coming together in unity and collaboration by fostering worldwide support, sharing stories and connecting to create a more inclusive world. The world can be challenging for an individual with autism, and they may come across difficulties being accepted socially by others. However, when the necessary accommodations are provided, an individual with autism can flourish at home and in their community.

Ways we can help:

- Educate family members and close friends on how autism impacts your child. Explain to others the ways that they can communicate and interact with them during social gatherings or events.
- Support individuals with autism by engaging with them in their interests and everyday routine. When typical routines may be changed, it is important to help assist your child through the challenges that come with changes in routines.
- Understand that individuals on the autism spectrum communicate and interact differently. They also may have certain sensitivities to touch, sound, light, and often thrive on routine. They may also have difficulty expressing their feelings.
- Advocate for your child's needs. This may include advocating for the necessary accommodations they may need such as alternative communication resources, OT, PT, or speech services.

Upcoming events in Connecticut

- 9th Annual UConn TKE & Autism Speaks U 5K Walk/Run
Monday, April 24th 4pm
- TJAY Autism Foundation Autism Awareness Walk
Saturday, April 29th 10am-2pm
- ASRC Walk for Autism Sunday, May 21st walk starts at
9:30am



**INCLUSIVE EMPLOYMENT
SHOWCASE**

5.21.23

QUINNIPIAC UNIVERSITY-NORTH HAVEN, CT

CTWALKFORAUTISM.COM

Agency News:

- Parent/Caregiver Group is on Wednesday April 12th at 5:30pm. Veronica, our Occupational Therapist will be providing information on Occupational Therapy Services and answer any questions families may have. Parents/caregivers will need to preregister for the group prior to attending.
- Next Cohort of Social Skills Groups coming soon later this month
- Please welcome two new staff to Collaborative ABA Services!
Melonie Atkins, Social Worker
Dymon Gardner, Behavior Technician



COLLABORATIVE
ABA SERVICES, LLC